

Rohnert Park Cal Ripken  
Youth Baseball

COVID-19 RESPONSE

## Goals

The following are the goals that Rohnert Park Cal Ripken Youth Baseball wants to accomplish with our COVID-19 response program.

- Provide a safe baseball environment for our community.
- Follow State, County & City Covid-19 recommendations.
- Prevent person to person contact.
- Prevent equipment contamination.
- Prevent facility contamination.

## *COMMUNICATION OF RULES*

- All families and volunteers participating in our league will be notified of the updated league rules.
- Signs will be placed at all fields in regards to social distancing

# *HEALTH COORDINATOR*

The Rohnert Park Cal Ripken will implement a board position as a point of contact for all families and volunteers. This position will be referenced as the RPCR Health Coordinator

- The Coordinator will be in charge of keeping up to date with State, County and City COVID-19 recommendations and requirements.
- The Coordinator will be the point of contact for any coaches, volunteers or parents in the case of any suspected COVID-19 cases.
- The Coordinator will remain in contact with County and City officials in regards to any suspected COVID-19 cases
- The Coordinator will be in charge of cancelling any practices and/or should any health concerns arise.
- Keeping the board up to date in regards of any suspected COVID-19 cases

\*This position is held by a local parent volunteer and is not in any way giving health advice. All information given by the RPCR Health Coordinator is supplied by local City, County and State Health Officials and Officers.

## *RELEASE OF LIABILITY FORM*

All players will be required to have a signed waiver and release of liability form on file with the Rohnert Park Cal Ripken prior to any practice and/or game.

\*Addendum A

# HEALTH SCREENING

## Personal Health Awareness

We ask that any Rohnert Park Cal Ripken player, coach, manager, volunteer, parent or spectator that is feeling ill or has flu symptoms **not** attend any Rohnert Park Cal Ripken events and see their healthcare provider.

## Manager Reporting

- When a team's manager becomes aware of a coach, player or volunteer that is ill with flu like symptoms, they **shall** report it to the RPCR Health Coordinator immediately.
- Any Rohnert Park Cal Ripken player, coach or manager that is ill with flu like symptoms will not be allowed to attend or return to Rohnert Park Cal Ripken events until after they have spoken with the RPCR Health Coordinator and the RPCR Health Coordinator determines that the individual can return to Rohnert Park Cal Ripken events.

## Health Coordinator Clearance

- Rohnert Park Cal Ripken will require that any Rohnert Park Cal Ripken player, coach, manager or volunteer that is suspected of contracting Covid-19 self-quarantine as recommended by the Sonoma County Health Safety Officer and seek medical treatment from their healthcare provider.
- The RPCR Health Coordinator will report any suspected Covid-19 case to the Windsor Youth Baseball Board for proper team/division/league notification.
- The RPC Health Coordinator will investigate the possibility of spread to the Rohnert Park Cal Ripken community and report to the Board their findings and recommendations ASAP.
- No player, coach, manager, or volunteer that is/was known to have Covid-19 will be allowed to return until after they received clearance from their doctor to return to organized youth activities.

## Body Temperature

(OPTION 1)

- Each team will be provided with an infrared forehead thermometer.
- Each team manager will be responsible to check the temperature of all players and coaches at all Rohnert Park Cal Ripken practices and games. - Any player, coach or manager that has a temperature of 100 degrees or more will be dismissed from the Rohnert Park Cal Ripken event.

(OPTION 2)

It is the responsibility of each player's guardian to take the temperature of their player prior to each Rohnert Park Cal Ripken practices and games and verbally confirm with the coach that it was below 100 degrees

## *SNACK SHACK*

Rohnert Park Cal Ripken will not open up the snack shacks for public use this season.

## PHASE ONE – PRACTICES

- Prior to the first practice, the team manager will contact each family and discuss with them the new Rohnert Park Cal Ripken Covid-19 protocol.
- The first practice should include a team discussion on the Rohnert Park Cal Ripken Covid-19 protocol and the league's expectations regarding PPE, Social Distancing, health screening, health reporting & equipment sanitation and use.
- Scheduling of practices will be staggered by 15 minutes to limit the number of families at facilities. Team practices should begin and end on time.
- Health Screening before practice
  - Check temperature/Ask about health for players and volunteers
- No shared equipment
  - bats, helmets, gloves
  - Divisions with catchers gear: limit sharing. If gear must be shared, prior to new player putting gear on it must be sanitized with antibacterial wipes or antibacterial spray.
  - Balls will be cleaned whenever possible.
- Practice social distancing in practice drills.
- Water bottles should not be shared
- Social distancing in team meetings.
- No sunflower seeds or gum allowed.
- No spitting allowed
- 15-person team max (coaches & players).
- All coaches will wear masks at practice.
- Players may use masks if they choose, but must wear masks when social distancing cannot be maintained.
- No handshaking/celebrations: Players and coaches should refrain from handshakes, high fives, fist/elbow bumps, group celebrations, etc.
- Managers will limit the amount of time spent in the dugout and stagger the entry of players if they need to enter the dugout. Players in the dugout must follow 6' social distancing guidelines at all times.



## PHASE TWO – GAMES

- Scheduling of games will be staggered by 30 minutes to limit the number of families at facilities.
- Health Screening before games
  - Check temperature/Ask about health for players, volunteers and umpires
- No shared equipment
  - bats, helmets, gloves
  - Divisions with catchers gear: limit sharing. If gear must be shared, prior to new player putting gear on it must be sanitized with antibacterial wipes or antibacterial spray.
  - Balls will be cleaned whenever possible and must be sanitized between every  $\frac{1}{2}$  inning
- Water bottles should not be shared
- Social distancing in team meetings.
- No sunflower seeds or gum allowed.
- No spitting allowed
- 15-person team max (coaches & players).
- All coaches and umpires will wear masks at games
- No handshaking/celebrations: Players and coaches should refrain from handshakes, high fives, fist/elbow bumps, group celebrations, etc.
- Players may use masks if they choose, but must wear masks when social distancing cannot be maintained.
- Players in the dugout must follow 6' social distancing guidelines at all times. Remaining players and coaches that cannot keep 6' social distancing in the dugout will be positioned down the left and right field lines, off of playing field and outside of the fence. These players not actively playing will be required to wear masks.
- Players in the field are not required to wear facial coverings or masks, but may do so if they or their guardian desires.
- No end of inning meetings
- Pregame home plate meeting will be conducted to social distancing standards and will only be with one umpire and one manager from each team.

## *SPECTATORS*

- Adult spectators are required to follow the State, County and City health orders.
- Signs will be put up at the fields reminding spectators to maintain 6' feet social distance.
- It is requested by Rohnert Park Cal Ripken that no spectator attend any practice and/or game if they have any signs or symptoms of sickness or have recently been exposed to COVID-19

## *SEASON SUSPENSION*

-Any positive test of a Rohnert Park Cal Ripken player, coach, manager, volunteer will result in the immediate notification to the league (all families). The individuals name will not be released to league. Their identity will only be known by the reporting party (i.e. manager/parent/etc.) and the RPCR Health Coordinator.

-If 3 or more Rohnert Park Cal Ripken individuals (i.e. coach/manager/player/volunteer) are suspected of being ill with Covid-19 at the same time, the season will be suspended immediately (practices and games). The board will notify the city of Rohnert Park, Cotati & County of Sonoma Health Officer. The board will collect any possible contaminated equipment so that it can be sanitized by a paid professional. All Rohnert Park Cal Ripken facilities will be closed and cleaned.

-In the event of a season suspension, the entire league will self-quarantine (no practices or games) for 2 weeks before any Rohnert Park Cal Ripken event may resume.

## *PENALTIES*

It is the intent of the Rohnert Park Cal Ripken Board to provide a safe environment for our community to share while watching their child/children play baseball. Any manager, player, coach or volunteer that intentionally avoids following these guidelines shall be subject to removal by the Board.

## *CLOSING*

Our goal is to provide a safe environment for our kids to play baseball without putting anyone within our community at risk of contracting Covid-19. We believe there is a high probability of being successful if these guidelines are followed. We thank your understanding and support.

# Addendum A



## AMATEUR ATHLETIC WAIVER AND RELEASE OF LIABILITY

### READ BEFORE SIGNING

In consideration of being allowed to participate in any way in \_\_\_\_\_ athletic sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risks of injury and illness (ex: communicable diseases such as MRSA, influenza, and COVID-19) from the activities involved in this program are significant, potentially life-threatening, and while particular rules, equipment, and personal discipline may reduce these risks, the risks of serious injury and illness do exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I acknowledge that I am aware that there are risks to me of exposure to directly or indirectly arising out of, contributed to, by, or resulting from:
  - An outbreak of any and all communicable disease, including but not limited to, the virus "severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)", which is responsible for Coronavirus Disease (COVID-19) and/or any mutation or variation thereof;
5. In consideration of having the opportunity to participate as either a team member or competitor at location, and in acknowledging that I am aware of and willing to assume the risks associated with this activity, I hereby voluntarily agree to waive, hold harmless and indemnify Babe Ruth League, Inc. and its trustees, agents, volunteers and employees from any and all claims, demands, damages and causes of action of any nature whatsoever arising out of ordinary negligence which I, my heirs, my assigns or successors may have against them for, on account of, or by reason of my participation in the above activities. I indicate my agreement to this hold harmless clective noted below.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

Participant Name: \_\_\_\_\_

Participant Signature: \_\_\_\_\_

DATE SIGNED: \_\_\_\_\_

### **FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of the activity and his/her responsibilities for adhering to the rules and regulations. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's/ward's involvement or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

DATE SIGNED: \_\_\_\_\_

Emergency Phone Number: (\_\_\_\_) \_\_\_\_\_